



# Bodies In Motion Physical Therapy, Inc.

## Medical History Information

Name: \_\_\_\_\_ Date of Birth/Age \_\_\_\_\_ // \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

If you are **65 years or older**, have you had 2 or more falls in the past year or had a fall resulting in injury? **Yes / No**

Occupation: \_\_\_\_\_ Current activities/exercise program: \_\_\_\_\_

Primary and/or Referring Physician \_\_\_\_\_ How did you hear about us? Internet | MD | Friend: \_\_\_\_\_

**1. Please check if you currently have any of the following problems/conditions:**

|  |   |  |
|--|---|--|
| <input type="checkbox"/> Diabetes                          | <input type="checkbox"/> Hepatitis / Liver Dysfunction  | <input type="checkbox"/> Arthritis or joint problem  |
| <input type="checkbox"/> High Blood Pressure               | <input type="checkbox"/> Stomach Ulcers                 | <input type="checkbox"/> Immune system disorder      |
| <input type="checkbox"/> Heart Disease                     | <input type="checkbox"/> Nausea and/or vomiting         | <input type="checkbox"/> Unusual fatigue or weakness |
| <input type="checkbox"/> Heart Attack (Date _____)         | <input type="checkbox"/> Indigestion, heartburn, reflux | <input type="checkbox"/> Asthma                      |
| <input type="checkbox"/> Stroke (Date _____)               | <input type="checkbox"/> Change in ability to urinate   | <input type="checkbox"/> Tuberculosis                |
| <input type="checkbox"/> Pacemaker                         | <input type="checkbox"/> Difficulty w/bowel movements   | <input type="checkbox"/> Productive Cough            |
| <input type="checkbox"/> Seizures                          | <input type="checkbox"/> Kidney or bladder infections   | <input type="checkbox"/> Night sweats                |
| <input type="checkbox"/> Head trauma                       | <input type="checkbox"/> Prostate problems              | <input type="checkbox"/> Chills & fever              |
| <input type="checkbox"/> Fainting / Loss of Consciousness  | <input type="checkbox"/> Difficulty swallowing          | <input type="checkbox"/> Unexplained weight loss     |
| <input type="checkbox"/> Dizziness                         | <input type="checkbox"/> Chronic Inflammation           | <input type="checkbox"/> Bleeding disorders          |
| <input type="checkbox"/> Loss of Balance/ balance deficits | <input type="checkbox"/> Pregnancy (Due Date _____)     | <input type="checkbox"/> Bruises easily              |
| <input type="checkbox"/> Clumsy walking pattern            | <input type="checkbox"/> Post partum or nursing         | <input type="checkbox"/> Use of blood thinners       |
| <input type="checkbox"/> Visual disturbances               | <input type="checkbox"/> Incontinence                   | <input type="checkbox"/> Use of steroids/prednisone  |
| <input type="checkbox"/> Headaches                         | <input type="checkbox"/> Thyroid Dysfunction            | <input type="checkbox"/> Drink Caffeine(#/day _____) |
| <input type="checkbox"/> Emphysema / COPD                  | <input type="checkbox"/> Depression / mental illness    | <input type="checkbox"/> Drink alcohol (#/wk _____)  |
| <input type="checkbox"/> Cancer _____                      | <input type="checkbox"/> Other _____                    | <input type="checkbox"/> Smoke (packs/day _____)     |

2. Have you had any of the following tests:  X-Ray  MRI  CT Scan  Lab Work  EMG

What were you the findings for the above?

3. Please list any surgeries including the dates: \_\_\_\_\_

4. What are you here for today (primary complaint)? Please mark on chart →

5. Rate your pain (1=minimal 10=severe): At its **worst** \_\_\_\_\_ At its **best**: \_\_\_\_\_

6. Date of Injury (if applicable): \_\_\_\_\_

7. Have you had this problem or these symptoms in the past? **Yes / No**  
If yes, when and what helped relieve and aggravate the symptoms?

\_\_\_\_\_

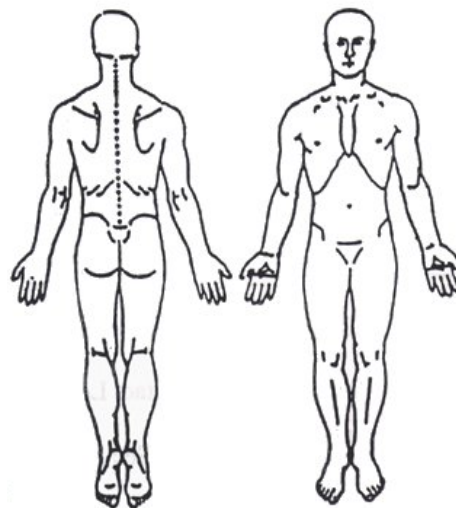
If yes, how often do you have the symptoms?

8. Are the episodes increasing in frequency? **Yes / No**

9. Are the episodes increasing in severity? **Yes / No**

10. Are the episodes changing in character? **Yes / No**

11. What is the longest amount of time you missed work or rec activities due to your symptoms? \_\_\_\_\_



12. List the goals you hope to achieve from Physical Therapy:

Signature \_\_\_\_\_

Date \_\_\_\_\_

**Thank you for taking time to fill out this information sheet. Please feel free to ask questions pertaining to your condition during your examination and treatment.**